



### 3 Day, 4 Night Beach and Mountain Trail Itinerary

#### **Arrival:**

Arrive mid-afternoon at overnight accommodation for dinner and bed.

#### **Day 1 - approx 3 - 4 hours**

This is a relatively short day which affords us the amazing floral display of the mountain fynbos. Riding includes mountain top canters and following flower pickers' tracks through hill and dale, bringing us to our overnight destination.

#### **Day 2 - approx 5 hours**

We spend most of today trotting and cantering through the dune systems. Our overnight stop lies on the banks of a river where we can swim and take a canoe for a paddle.

#### **Day 3 - approx 7 hours**

We ride through the Walker Bay Nature Reserve to the pristine white beaches of the Walker Bay Whale Sanctuary, which is arguably the best land based area in the world to watch whales from July to November. Whales and their calves often come within metres of the coastline where you can admire their antics whilst they sail close to shore.

Here we enjoy the long, sandy beaches on offer and experience the thrill of beach riding. Just before De Kelders, the coastline gets rougher with rocky beaches and limestone cliffs which flatten out onto sandy stretches of Die Plaat, where we traverse the vast, magical and almost surreal sand drifts called the Grys Dunes. This mysterious landscape gives way to mountain fynbos when we hit the slopes of the coastal hills towards Grootbos and the Flower Valley.

We pass through Grootbos Fynbos Nature Reserve, peaking at God's Window, and descend into Flower Valley, a large valley filled with fynbos and indigenous forests, making our way home to wrap up the trail.

#### **Included**

- Horses, riding gear and hardhats
- Guide
- Overnight accommodation
- All meals of the day
- Luggage transport
- Non-alcoholic beverages

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## Excluded

- Transfers to and from stables (can be arranged on request)
- Additional snacks, refreshments & wine purchases
- Personal, medical or rescue insurance
- Gratuities

## Notes & Requirements

- Riders must be comfortable and confident in a trot and canter.
- Must be physically fit and not have any recent injuries.
- Be prepared for long hours in the saddle under the African sun. Sun protection a must.
- Maximum weight  $\pm$  100kgs (depending on outride/ tour).
- Riding hats are supplied and are compulsory but if you have your own, please bring it along as there is no guarantee that supplied hats will fit. Most of our hats are about a medium.
- We reserve the right to sub contract outride/ tour to our registered network partners.
- Rates subject to change without prior notification, bookings subject to availability.
- You are personally responsible for arranging your own insurance and cost thereof. When arranging your insurance please ensure that there are no exclusion clauses limiting protection for this type of outride/ tour. Please note that you, your personal property, baggage and money, are at all times during the course of the outride/ tour your own responsibility. Cape Town Horse Riding will not be held liable for any damage, injury, ill health or loss of life sustained during the course of the outride/ tour.

## Cancellation Policy

It takes time to arrange guides and to have the horses ready for you. The following cancellation fees will apply should you wish to cancel. Please note we will charge a cash-handling fee of 15% if you should cancel 31+ days before outride/tour to cover our bank charges:

- 31+ days prior to your outride – full refund less 15% handling fee.
- 0-30 days prior to your outride – no refund whatsoever, full amount will be payable.
- No refunds will be given by the company for no-shows or late arrivals.
- No refunds will be granted should you not complete the outride/ tour.

### Cancellation due to bad weather

- We plan to ride rain or shine
- In the event we cancel an outride/ tour due to conditions we feel are unsafe for the trails (ie. heavy rain/ lightning, high winds, extreme heat), you have the option to reschedule your outride or receive a full refund.
- If you cancel because you don't want to ride in the rain, and we plan to carry out the ride, no refunds will be given.
- All bookings must be confirmed and paid in full 1 month prior to outride/ tour.