



5 Day, 6 Night Beach and Mountain Trail Itinerary

Arrival:

Arrive mid-afternoon at overnight accommodation for dinner and bed.

Day 1 - approx 3 - 4 hours

This is a relatively short day which affords us the amazing floral display of the fynbos covered mountains along the Kraaibosch Dam, then through a large valley filled with fynbos and indigenous forests - a UNESCO supported project for sustainable fynbos harvesting and education.

Day 2 - approx 2 - 3 hours

The ride today is a circular route around Baviaansfontyn, which includes walking along mountain streams, passing by and through Milkwood and Afro-montane forest, whilst on the way to climbing God's Window for breath-taking views of the ocean. This ride can be done morning or afternoon, the choice is yours!

We spend the rest of the day at leisure, and when we say at leisure, we mean at leisure, as there is no mobile phone reception and the stillness is all encompassing.

Day 3 - approx 5 hours

We pass through Grootbos Fynbos Nature Reserve where the coastline gets rougher with rocky beaches and limestone cliffs which flatten out onto the sandy stretches of Die Plaat, where we traverse the vast, magical and almost surreal sand drifts called the Grys Dunes.

This mysterious landscape gives way to the beach, where we ride through the Walker Bay Nature Reserve to the pristine, unspoilt white beaches of the Walker Bay Whale Sanctuary, which is arguably the best land based area in the world to watch whales from July to November. Whales and their calves often come within metres of the coastline where you can admire their antics whilst they sail close to shore.

Here we enjoy the long, sandy beaches on offer and experience the thrill of beach gallops, making our way to Stanford with time to swim and canoe in the river.

Day 4 - approx 3 - 4 hours

Today we enjoy a fast half day ride, coming back to laze on the river's edge for the rest of the day.

Day 5 - approx 6 - 7 hours

Be prepared for a long day in the saddle, with a 35km ride taking us back along the beach, through sand dunes, and over 2 mountain ranges, arriving back at our destination to wrap up the trail.

Included

- Horses, riding gear and hardhats
- Guide
- Overnight accommodation
- All meals of the day
- Luggage transport
- Non-alcoholic beverages

Excluded

- Transfers to and from stables (can be arranged on request)
- Additional snacks, refreshments & wine purchases
- Personal, medical or rescue insurance
- Gratuities

Notes & Requirements

- Riders must be comfortable and confident in a trot and canter.
- Must be physically fit and not have any recent injuries.
- Be prepared for long hours in the saddle under the African sun. Sun protection a must.
- Maximum weight \pm 100kgs (depending on outride/ tour).
- Riding hats are supplied and are compulsory but if you have your own, please bring it along as there is no guarantee that supplied hats will fit. Most of our hats are about a medium.
- We reserve the right to sub contract outride/ tour to our registered network partners.
- Rates subject to change without prior notification, bookings subject to availability.
- You are personally responsible for arranging your own insurance and cost thereof. When arranging your insurance please ensure that there are no exclusion clauses limiting protection for this type of outride/ tour. Please note that you, your personal property, baggage and money, are at all times during the course of the outride/ tour your own responsibility. Cape Town Horse Riding will not be held liable for any damage, injury, ill health or loss of life sustained during the course of the outride/ tour.

Cancellation Policy

It takes time to arrange guides and to have the horses ready for you. The following cancellation fees will apply should you wish to cancel. Please note we will charge a cash-handling fee of 15% if you should cancel 31+ days before outride/tour to cover our bank charges:

- 31+ days prior to your outride – full refund less 15% handling fee.
- 0-30 days prior to your outride – no refund whatsoever, full amount will be payable.
- No refunds will be given by the company for no-shows or late arrivals.
- No refunds will be granted should you not complete the outride/ tour.

Cancellation due to bad weather

- We plan to ride rain or shine
- In the event we cancel an outride/ tour due to conditions we feel are unsafe for the trails (ie. heave rain/ lightening, high winds, extreme heat), you have the option to reschedule your outride or receive a full refund.
- If you cancel because you don't want to ride in the rain, and we plan to carry out the ride, no refunds will be given.
- All bookings must be confirmed and paid in full 1 month prior to outride/ tour.

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